



General Dentistry

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12-8-09

I wear a bite guard for grinding. I have had one for 15 years. I needed a new one because the one I had was in need of replacement.

Dr. Amison had one made that is new and smaller. It only fits on the upper 4 front teeth. It is great! I don't even know I am wearing it at night. Easier to take care of too.

I would recommend getting the NTF bite guard to everyone who needs one for grinding their teeth.

Debra Mather