

9/28/11

69:17

Dusty

Dear Amanda,

Thank you and Dr. Amesen for the solution to my bruxism and snoring. I purchased the Doctor's Night Guard right away. I awakened refreshed and hadn't awakened at all during the night.

My Jeff claims that no snores rattled the walls, either. He keeps a close eye when I snore to make sure the breathing doesn't stop*. Just this morning he announced "You slept like a baby."

Now I realize my snoring used to awaken me regularly. I'd arise after several hours sleep and couldn't return to pleasant dreams again. No more.

For less than \$30 you two solved my problem. No teeth grinding, no snores and I feel rested in the morning. Thank you.

Kind regards,

John

* according to Jeff,
I don't stop breathing.